

# 2018-2019 TTC Catalog

## CUL 127 History of Diets in World Cultures

Lec: 3.0 Lab: 0 Credit: 3.0

This course is a study of the history of food and its importance in world societies and religions. Students will analyze the use of dietary pyramids and the cultural phenomena of fad diets, sustainability issues and psychological eating disorders as they apply to social history.

### **Prerequisite**

CUL 104

### **Course Offered**

Spring

### **Grade Type**

Letter Grade

### **Division**

Culinary Institute of Charleston